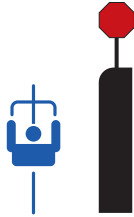


## Safety Tips for Biking

**Avoid texting, phone calls, or music while riding your bike.**

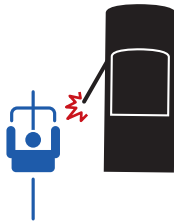
### Be Predictable

Obey all stop signs and traffic signals. Never ride the wrong way on the street. The best way to avoid crashes and traffic tickets is to follow the same rules of the road that apply to cars.



### Be Alert

Watch out for drivers turning left or right, or coming out of driveways. Avoid car doors opening in front of you by riding out of the door zone. Yield to pedestrians.



### Wear Your Helmet

It's the law if you are under 18, and wise at any age. To best protect your brain, your helmet must be buckled and it must fit properly: snug and level on your head, just above your eyebrows.



### Use Hand Signals

Hand signals tell motorists what you intend to do. For turn signals, point in the direction of your turn. Signal as a matter of courtesy and safety, and as required by law.



## Safety Tips for Everyone

**Slow down** and use extra caution in school zones and along commute routes! Signal your turns and yield to pedestrians.

**Help reduce traffic congestion** near school by carpooling with a neighbor and avoiding the last minute rush whenever possible.

**Obey adult crossing guards** and "No Right Turn on Red" signs posted at designated school intersections. This allows students to cross safely without cars turning through crosswalks.

**Don't make U-turns** and other unsafe maneuvers that put other road users at risk.

**Follow school guidelines** when dropping off or picking up your student, and always ensure that he/she exits or enters the car from the curb side

**Never double park**, block access ramps or stop where prohibited.

**Avoid distractions** like texting and phone calls when driving.

**Be alert.** Look for cars coming from all directions before entering the street - including behind you.

**Cross at corners and crosswalks.** This is where drivers expect pedestrians.

**Don't assume drivers see you.** Make eye contact before crossing intersections.

## Menlo-Atherton High



## Walk and Roll to School





## Suggested Routes

*Includes bike routes, off-street trails, campus circulation map, transit stops, and safety tips*

Menlo-Atherton High is committed to building strong community relations and a greener future, starting with transportation to school. For more information on Transportation Alternatives to Menlo-Atherton High School, visit: [www.mabears.org/Students/Transportation-Resources/index.html](http://www.mabears.org/Students/Transportation-Resources/index.html)

**Menlo-Atherton High School**  
555 Middlefield Road  
Atherton, CA 94027  
650.322.5311  
<http://www.mabears.org/>



-  Suggested Route to School
-  Marked Bike Lane
-  Shared Bike Route
-  Park

Menlo-Atherton High parents and students are encouraged to use this map to explore options for commuting between home and school. Parents are responsible for choosing the appropriate option based on their knowledge of conditions on the various routes and experience level of their student.

-  Sidewalk
-  Crosswalk
-  Bike Parking
-  Ped/Bike Access
-  All-Way Stop Sign
-  Traffic Signal
-  SamTrans Stop

